

Back to Basics SA

The whole 12 steps in one day

1 Day Seminar Red Deer AB

Great for newcomers and newer members. It's wonderful chance to get a "feel" for the whole 12 steps and how they help us:

- Transform our lives.
- How the 12 steps work together
- How we can rely on each other and the group so that "we can" what "I can't"
- Great insights into 12 step methods for living, and the grander scope of recovery.
- One a heck of a jump start into the program.

This seminar was created by members from SA homeland in USA. It comes with handouts, a slide show, 2 great presenters, resources explaining higher powers and how they communicate to us, and lots of good sharing sessions with each other. Some groups have put on Back to Basics almost monthly in their home territory and it lead to a 75% retention rate of newcomers. It only lasts one day, and we feel like we are a community after.

Who is invited:

- All active members of Calgary, Edmonton, and Central Alberta. Newcomers and newer members especially. Long term members wanted to help with sharing portions of program.

Saturday, Aug 8, 2020

Red Deer AB

9am- 4pm

Location to be announced

You will be informed by email of location closer to time.

Please register by emailing
centralalbertasa@gmail.com

(Include your first name, last initial, how many riding with you in car)

Because of covid, we require some knowledge of how many people are coming.

Cost= 7th tradition of your choosing
Lunch=Bring your own or order pizza at our location with others.

Bring your own: Pen. You can bring a binder for your handouts if you like